



momentum

children's charity

Thank You To The Brothers Trust! Update May to August 2023



8 children referred for a creative therapy course

84 families took a respite holiday

60 families enjoyed a respite boat trip

"The play therapy sessions have really made a difference to J. His confidence has grown so much which has been so noticeable over the summer."

"O finds new situations very challenging so to go on a family boat trip was awesome. It allowed the four of us to spend time together creating memories that we would not get the opportunity to do."

"It was so nice for us all to have a change of scenery and do a family activity together. It's the first time we've managed it since F's diagnosis."

"The cabin break allowed us to relax and be together. It gave us the chance to have a break from thinking about treatment and the reassurance that daily life really can get easier."



The Brothers Trust grant is providing creative therapies for children, and enabling the delivery of our respite programme

Creative therapy sessions are provided to sick children to help them communicate more easily about their diagnosis and how it makes them feel; we also offer sessions to siblings who are struggling with their mental health as a result of their brother or sister's illness. Since May, our Family Support Workers have referred 8 children for either a music or play therapy course (6 sessions per course), and 14 sessions have already been completed.

Our Family Support administrator, funded by the Brothers Trust, has been very busy organising respite holidays and boat trips for families during the peak summer period. Undeterred by the British weather, 84 families enjoyed a break in one of our holiday cabins between May and August, and a further 60 families took a trip along the River Thames on our riverboat.

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